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Barrafina: A Spanish Cookbook



Synopsis

Barrafina brings you brilliant tapas-style recipes from Sam and Eddie Hart and Nieves Barragan Mohacho, creators of the best Spanish restaurants in London. When Sam and Eddie Hart opened Barrafina, their no-reservations tapas bar and restaurant in London's Soho, they had no idea how successful it would be. Eight years, two more branches and one Michelin star later, Barrafina is always packed, always stylish, always lively. And so is the food: together with their Basque-born head chef Nieves Barragan Mohacho, the Harts are cooking the best Spanish food in London today. In this cookbook they share their secrets and recipes: this is not difficult, fancy restaurant food, but gutsy, fresh, sometimes delicate, sometimes hearty food, that a home cook will be able to prepare easily. First, there is food to eat with your hands: fried pimientos de Padron, salt cod fritters and delicias, the Spanish equivalent of Devils on Horseback. Then cold meats; on to fish and shellfish - from simple razor clams on the grill, to more sophisticated dishes such as turbot with cavolo nero; rice dishes and paellas; big dishes of roast and braised meat - from suckling pig for a special occasion to rabbit stew or roast cumin-rubbed pork with quince sauce; and desserts in the form of chocolate and almond tarts, cakes and the classic Crema Catalana. There is everything here to help you recreate great Spanish food at home. With over 120 recipes, Nieves, Sam and Eddie will whisk you through step-by-step instructions, showing you everything, from how to make the more difficult things, such as arrocin beans with chorizo, morcilla and pork belly, to how to cook a simple but perfect tortilla. 'Possibly the best Spanish cookbook ever' Rachel Cooke, Observer Food Monthly 'Barrafina! A joy! Nieves's food and Sam and Eddie's charm: now with this splendid book you can do it at home' Fergus Henderson 'Barrafina is a tapas bar and the best of its kind . . . the food is fantastic' Giles Coren, The Times

Book Information

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Customer Reviews

Barrafina restaurant is fantastic, probably the best tapas place in London. The book has recipes for many of my favorite dishes at the restaurant. However since the dishes depend so heavily on the quality of ingredients, you need to be prepared (and able) to adjust the recipes as needed or even to do them differently. The techniques are simple, but I would not recommend this book to inexperienced cooks.

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